

PURE ELEMENT 5

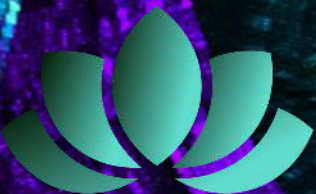
PATH TO
PERSONAL POWER
THE WORKBOOK



**LIST YOUR STRENGTHS, GIFTS,
TALENTS (AT LEAST 10 THINGS!)**

WHAT DO YOU LOVE TO DO?

**IF YOU HAD THE COURAGE, YOU
WOULD...**



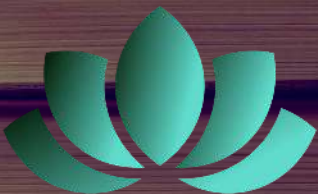
ALL ABOUT YOU

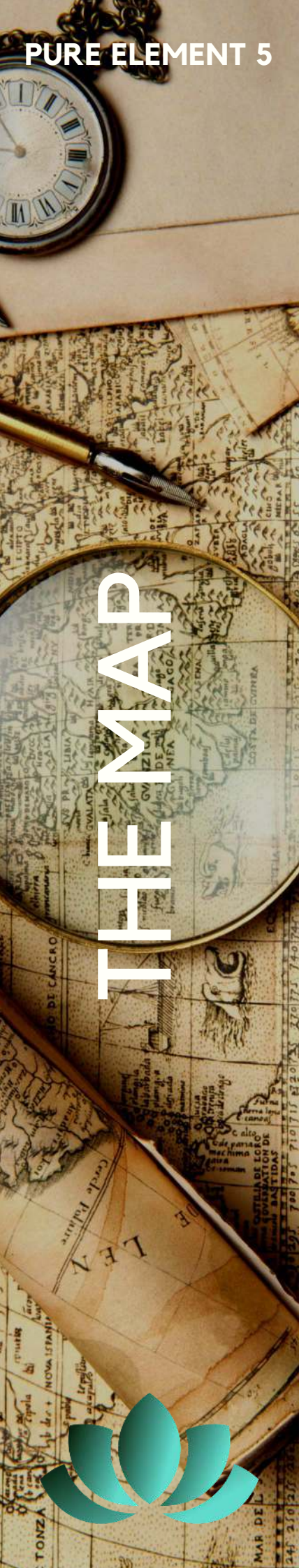
THINGS ABOUT YOURSELF THAT YOU NEED TO IMPROVE. BE HONEST!

WHAT MAKES YOU FORGET TO EAT?

WHAT IS YOUR LIFE PATH NUMBER?

NOTES





THE MAP

**EVOLVING ENERGIES
MOVING FROM. TO...**

WHICH MASKS DO I WEAR

NOTES

THE LAWS

THE LAW OF MENTALISM

THE LAW OF CORRESPONDENCE

THE LAW OF VIBRATION

THE LAW OF POLARITY

THE LAW OF RHYTHM

THE LAW OF CAUSE AND EFFECT

THE LAW OF GENDER



THE CURRENCY

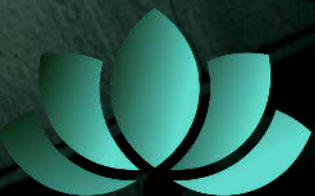
ONE BIG OCEAN

ENERGY

LOVE VS FEAR

RAISE YOUR VIBE

ENERGETIC MAINTENANCE





THE SWORD

UNLIMITED CAPABILITY

PATTERN RECOGNITION

MASTERY OF THE SWORD

NOTES



THE SHIELD

3 UNIVERSAL FEARS

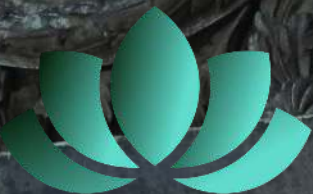
WHEN TO POSTPONE DECISIONS

ANXIETY AND WHAT YOU CAN DO

EMOTIONAL BLOCKAGES

CELLULAR MEMORY

FORTIFYING THE SHIELD



THE EFT TECHNIQUE

EFT TAPPING IN 5 EASY STEPS

1. IDENTIFY THE ISSUE

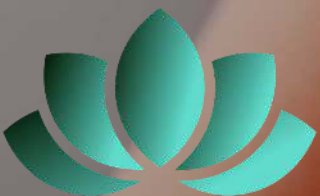
2. TEST THE INITIAL INTENSITY

3. THE SETUP

4. TAPPING SEQUENCE

5. RETEST INTENSITY

NOTES



Thank you !

**Don't wait for the green light.
You ARE the green light!**

Team Pure Element 5

